



# Westridge Wildcat

September 19-23

Please call the Attendance Line for Absences and Tardies  
303-982-3950 Option #1

Main Office Number 303-982-3975

Visit our Website!

<http://westridge.jeffcopublicschools.org/>

[Westridge Family Calendar 2022-2023](#)

## This Week's Events at a Glance

Monday, September 19, 2022	
Tuesday, September 20, 2022	Taekwondo 3-4pm
Wednesday, September 21, 2022	
Thursday, September 22, 2022	KidStage 3-4pm
Friday, September 23, 2022	No School – Teacher Work Day

## School Accountability Meeting

Our SAC meeting took place September 13, 2022. The SAC meeting is time to talk about the business side of school. We discussed the school plan that will be submitted to the Colorado Department of Education. We also had a chance to browse the books that students use during our reading blocks in class. Last, we had time for open discussion to ask questions and express needs and wants. [Here is the presentation](#) if you'd like to browse the content. Our next SAC meeting will be November 8, 2022. Here is a [Google Form](#) to submit your requests for future agenda items.

## Big Kahuna Fundraiser

Students are doing a great of participating in the fundraiser. We have seen a lot of pandas in the building. This week we introduced the "Taxi to Lunch". Selling tickets are drawn in the morning and two students are given a special ride to the lunchroom from their classrooms. Please remember the last day of the sale is Tuesday, September 20. All packets should be returned by that date. Please make sure your student's name and teacher's name are on the order form and your money matches what is ordered. On behalf of Westridge Elementary, thank you for your support!

## Picture Day is Coming Soon

Picture Day is Wednesday, September 28. Order sheets are in this week's Friday Folders. Orders can also be placed at [www.orders.vangoghco.com/prepay](http://www.orders.vangoghco.com/prepay) our school code is 30034801



**J**  **COMPLETE YOUR  
FREE & REDUCED MEAL  
APPLICATION TODAY!**

In the 2022-23 school year,  
meals are no longer provided at  
no cost to all students.

Meals will be charged based on Free & Reduced  
Meal eligibility. Online applications can be  
completed at [www.SchoolCafe.com/JeffcoSD](http://www.SchoolCafe.com/JeffcoSD),  
or paper applications can be obtained  
through your school.

Account balances will accrue and prior account  
balances will carry forward year over year.  
It is important for you to complete your  
application ASAP!

Scan here to go right  
to the application!

Questions about the  
Free & Reduced Meals Application?

Food & Nutrition Services  
Free & Reduced Lunch Specialist  
303-982-6916  
[FreeandReduced@jeffco.k12.co.us](mailto:FreeandReduced@jeffco.k12.co.us)



 **JEFFCO PUBLIC SCHOOLS**



### Evening Program

5:00 - Registration,  
food & resource  
tables

5:30 - Session A

7:15 - Session B

- Drinks & sandwiches available for participants
- *For children:* Fun, supervised activities and light dinner on site (*Children must be potty-trained*)
- *New this year for TEENS:* activities just for teenagers and a light dinner
- Community resource tables
- Live interpretation available - call 720-731-4689

Thank you to our  
2022 Sponsors!

Carin' Clinic

STRIDE

Westminster Medical Clinic

Rotary Club of Golden

SCU Community Foundation

JCEA



## Helping Kids Thrive

Creighton Middle School | 50 S Kipling | Lakewood, CO

Wednesday, September 28, 2022 | 5:00 - 8:45 p.m.

Helping Kids Thrive Parent Conference & Community Wellness Fair is a free event providing resources and hands-on practical information for parents, caregivers, and guardians to help children of all ages grow in positive ways.

### Choose *TWO* of the following classes:

- The Toddler Years (ages 0-2): *Building New Bonds (Session A only)*
- The Early Years (ages 3-5): *Creating a Blueprint for Success*
- The Elementary Years (ages 6-11): *Foundation for Healthy Growth*
- Adolescent Years (ages 12-19): *Framing Boundaries and Expectations*
- Parenting the Love and Logic Way
- Understanding the Teen Brain
- Stress Busters for Parents (*Session A only*)
- Caring for LGBTQ Youth (*Session A only*)
- Empowering Successful Kids (*Session A only*)
- Creative Co-Parenting (*Session B only*)
- Navigating Substance Experimentation in Teens (NSET) (*Session B only*)
- Drawing the Line - an interactive class for both caregivers and teens (*Session B only*)
- How To Help Your Kids Feel Safe When Their World Feels Out of Control (*Session B only*)



visit [helpingkidsthive2022.eventbrite.com](https://helpingkidsthive2022.eventbrite.com)  
or call 720-731-4689

Or scan me to register!



Need Assistance?  
 Contact: Erin Shea  
 SELS & GT SELC  
[erin.shea@jeffco.k12.co.us](mailto:erin.shea@jeffco.k12.co.us)

## Returning to School with a Growth Mindset

### GENERAL INFO:

#### GROWTH MINDSET VS. FIXED MINDSET



#### FIXED MINDSET

BELIEVE SKILLS AND KNOWLEDGE ARE SET



FOCUSED ON BEING GOOD AT WHAT THEY DO



REFRAIN FROM CHALLENGE - IT WILL BERING OUT THEIR WEAKNESSES



COMPETING WITH OTHERS



#### GROWTH MINDSET

BELIEVE SKILLS & KNOWLEDGE CAN BE DEVELOPED

FOCUSED ON GETTING BETTER AT WHAT THEY DO

INVITE CHALLENGE AS A MEANS TO LEARN/DEVELOP

COMPETING WITH YOURSELF

### STRATEGIES:

#### 4 Ways to Cultivate Mindset in your Children

1. **Use specific praise with emphasis on improvement.** Instead of “You’re so smart! Try “Wow! You really improved because you practiced the new strategy for solving the problem!”
2. **Emphasize the Importance of Facing Challenges** by encouraging effort, asking for help, and looking for new strategies and opportunities.
3. **Help your child feel good by encouraging them to thrive on new challenges** rather than responding to setbacks as harmful.
4. **Continually provide your child with new strategies and study skills** to help cope with disappointment and difficulty.

## RESOURCE LINKS:

[The Power of Believing You Can Improve](#)

[Developing a Growth Mindset](#)

**Elementary**

[Class Dojo Growth Mindset Videos](#)

[Bruno Mars Growth Mindset](#)

[Power of Yet](#)

[Books to Read At Home!](#)

**Secondary**

[Pathway Transformation](#)

[Developing a Growth Mindset](#)

## BOOKLIST:

- One Word from Sophia
- The Carrot Seed
- Giraffes Can't Dance
- Frog and Toad- The Kite
- Bunny Cakes by Rosemary Wells
- Elephants Cannot Dance by Mo Willems
- Everyone can learn to ride a bike by Chris Raschka
- How to be a Jedi
- Worms Build by Kathy Caple
- Almost by Richard Torrey
- Rosie Revere Engineer by Andrea Beaty
- A Home for Bird by Phillip Stead
- Author: True Story by Helen Lester
- Wilma Unlimited: How Wilma Rudolph Became the World's Fastest Woman by Kathleen Krull
- If you want to see a Whale by Julie Fogliano
- Your Fantastic Elastic Brain by JoAnn Deak
- Beautiful Oops
- The Most Magnificent Thing- Ashley Spires
- The Girl Who Never Made Mistakes - Mark Pett & Gary Rubinstein
- Jabari Jumps by Gaia Cornwall

# Westridge PTA

[Westridge PTA Website](#)

## Westridge PTA Value Statement

The mission of Westridge PTA is to connect and appreciate the parents, teachers and students of Westridge by supporting their growth and potential through engaging activities, empowering them to use their passion and talent to better our school and community. We give support to engaging activities, which build positive relationships, ignite innovation, and support all types of learning.

**Why join the PTA?**

Build new student programs  
Connect with other parents  
Make your voice heard  
Be a super-parent  
Volunteer  
Stay informed

**Make our School Better**

**We need you!**  
New faces, New hearts, New minds,  
New ideas! Join the Westridge PTA today:

**PTA Dates to Know:**  
Friday, October 7th: **SPIRIT DAY!**

**Thank you!**

© Designalike

**A HUGE PTA THANK YOU** to all who volunteered, participated and attended the **1st Annual Westridge Welcome Jamboree!** We could not have done it without each of you, we appreciate you **ALL!**

Capture Your Memories in This Year's  
**Westridge Elementary**  
Yearbook

**10% OFF**  
purchase by  
September 30



**Purchase by September 30<sup>th</sup> to get 10% OFF**

**Customize Your 2 Free Pages**

- Add photos from your computer, Facebook, Instagram, Google Drive & more.
- Answer fun Memory Questions to help remember the year.
- The 2 Custom Pages are FREE and are printed ONLY in your book. Want more pages? Each additional 2 pages is just \$0.99.

**To Purchase & Customize Your Yearbook**

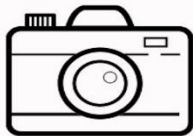
Must be a parent or student 13 years or older.

- ➊ Go to [www.treering.com/validate](http://www.treering.com/validate)
- ➋ Enter your school's passcode:  
**1014092751221632**

Regular Price: **\$22.00**

\*Does not include sales tax, if applicable

**TreeRing**



**We want to see  
your smiles!**

Please send your Westridge Jamboree photos to  
[westridge.yearbook@yahoo.com](mailto:westridge.yearbook@yahoo.com) to be in the yearbook!



**[westridge.yearbook@yahoo.com](mailto:westridge.yearbook@yahoo.com)**