

# The Wildcat

January 21, 2022

Deadline for the January 28, 2022 Wildcat will be Wednesday, January 26th, at 8:30 A.M.

Please call the Attendance Line 982-3950 - Option #l if your child will be absent or tardy from school. Office #982-3975 Jeffco Web Page:

http://westridge.jeffcopublicschools.org/

## Monday, January 24th

3:00 - 4:00 Imagine Arts Academy in C7 3:05 - 4:05 Strategic Chess in Library

#### **Tuesday, January 25th**

3:00 - 3:50 Taekwondo in the Gym 3:00 - 4:00 Science Matters in Art Room

#### Wednesday, January 26th

3:05 - 4:05 Strategic Lego in Art Room

### Thursday, January 27th

8:30 -3:00 West Metro Fire Presentation for Blue PE Rotation 3:00 - 4:30 Kid Stage in Music Room

4:00 - 9:00 Restaurant Night @ Teriyaki Madness

#### Friday, January 28th

Enroll Jeffco Round 1 Choice Enrollment closes

Deadline for Westridge 2022-23 Student Intent to Return

3:00 Deadline for Yearbook Cover Contest

#### Hello families!

**Note of Gratitude**: It is hard to believe that we're in the middle of the month of January 2022. I am amazed by our students! Each day I see students working hard, putting forth effort, and building stamina for tasks that are challenging to them. As a leader, I have great respect for our students as they are going through so much during these difficult times. Thank you families for all that you are doing to support your family and provide support for the value of a high quality education.

**It's Ice!** We realize that the walking conditions around school have been dangerous over the past two days. Thank you for taking the extra time to be safe!

**Kiss and Go Lane Help**: We are still noticing some of our drivers are parking and waiting a long time to leave the area. Please note that this area is designated for fast drop offs. If you need the extra time, please park in our parking lot.

**DRIVE:** A Focus of Diligence: Our school is building a framework for how we communicate and behave anywhere in our school. This is called the DRIVE framework which is built off of research-based practices from a framework called Positive Behavioral Intervention Support. We are helping our students understand what it means to demonstrate diligence in all that we do. We have defined Diligence as doing our best. We would love it if you also talk about diligence with your kids to bridge the gap between school and home.

#### **2022-2023 ENROLLMENT AT WESTRIDGE**

We are asking parents/guardians to complete two enrollment links, one for Westridge Elementary and one for the district. We find that our independent school survey returns accurate results more quickly than the district survey data is available for our use. Thank you for submitting both forms!

1) Westridge Intent to Return Family Survey Form: 2022-23 Intent to Return Link
We are staying focused on the days right ahead of us while also planning for the upcoming school year! Westridge Elementary is asking ALL families to complete this form no later than January 28, 2022. Data from the form will be used to create classrooms for the 2022-23 school year. Thank you for your support!



#### 2) <u>District Enroll Jeffco Link:</u> <u>Enroll Jeffco</u>

Enroll Jeffco opened on Monday, January 10th for both Round One Choice Enrollment for 2022/23 AND for current families to confirm their enrollment for 2022/23. All current families are expected to log in to confirm their enrollment for the 2022/23 school year or apply to schools. Families who have misplaced their account information must use <u>PAM</u> to find their account, recover their username, or reset their password.

## Head Lice





Did you know that 1 in 20 children have head lice at any given time and only about ½ of those children will experience the hallmark, itchy head symptom? The itch is caused by an allergic reaction to the saliva of the head lice, but not every person will experience the reaction. What this means is that the other ½ of students with lice have no symptoms and go unidentified.

That is where you come in. But first, you should know a few things about head lice:

- Head lice are a common problem
- Head lice do not discriminate
- Head lice are a nuisance but do NOT cause serious illness or carry any disease.
- Head Lice lay and attach their eggs to a hair strand close to the scalp using a sticky substance that holds them firmly in place.
- The eggs and their shell casings are called nits. After the eggs hatch, the empty nits stay on the hair shaft but are harmless.
- Head lice live about 28 days and develop in three phases:
  - Egg or nit ~ Eggs/nits hatch in 6 to 9 days. Eggs are usually found within 4 to 6 mm of the scalp and do not survive if they are farther away.
  - Nymph~The nymph looks like an adult head louse but is much smaller.
     Nymphs become adults about 7 days after hatching.
  - Adult louse ~ An adult louse multiplies fast and lays up to 10 eggs a day. It takes only about 12 to 14 days for newly hatched eggs to reach adulthood.
  - This cycle can repeat itself every 3 weeks if head lice are left untreated.
- Head lice crawl: they DO NOT hop or fly.
- They are spread by close, prolonged <u>head-to-head</u> contact with the hair of an infested person.
- Spread by contact with clothing (such as hats, scarves, coats) or other personal items (such as combs, brushes, or towels) used by an infested person is uncommon.
- Head lice feed specifically on human blood (not animal blood) and don't stray far from their food source.
- When away from a person they're going to die within 24 hours.

## Head Lice



Control of head lice depends on prompt diagnosis, effective treatment and teamwork! THIS IS WHERE WE NEED YOUR HELP! Your help in inspecting your child frequently throughout the school year for the presence of head lice would be greatly appreciated.

- Seat your child in a brightly lit room.
- Part the hair and look for crawling lice/nits the scalp a section at a time. Live lice
  are hard to find. They avoid light and move quickly.
- <u>Nits</u> will look like small white/yellow/brown specks and be firmly attached to the
  hair near the scalp. The easiest place to find them is at the hairline at the back of
  the neck or behind the ears. Nits can be confused with many other things such
  as dandruff, dirt particles, or hair spray droplets. The way to tell the difference is
  that nits are firmly attached to hair, while dandruff, dirt, or other particles are not.
- Use a fine-tooth comb to help you search the scalp section by section
- Notify your student's school health room if lice are found or if you have any
  questions or concerns regarding lice and your student

The most effective way to treat head lice is with head lice medicine followed by the comb out method every 2-3 days for 2-3 weeks.

- Choose a product that contains Permethrin. Over-the-counter treatments contain 1% permethrin. Anything higher than 1% must be obtained from your healthcare provider.
- After each treatment, use the comb-out method to remove nits and eggs.
- Follow the directions on the package exactly as written.
- Never let children apply the medicine. Medicine should be applied by an adult.
- Do not use medicine on a child 2 years or younger without first checking with your child's health care provider
- Never place a plastic bag on a child's head.
- Do not leave a child alone with medicine in his or her hair.
- Repeat the treatment in 7 9 days after the first treatment (according to manufacturer's recommendations)
- Contact your student's healthcare provider if lice remain following 2 treatments of recommended shampoo.

In order to avoid a recurrence the environment must also be treated

- Wash your student's clothes/ towels/ bed linens/hats in hot water and dry on high heat if they were used within 2 days before head lice were found and treated.
- You do not need to throw these items away. Items that cannot be washed may be dry-cleaned or sealed in a plastic bag for 2 weeks.
- Vacuum all furniture/mattresses
- Do not spray pesticides in your home.
- All household members and close contacts should also be checked and treated if necessary.

## **Westridge PTA Happenings**

**January 21st, 2022** 

www.facebook.com/groups/257696868179603 www.WestridgePTA.com



PTA's mission is to make every child's potential a reality by engaging and empowering families and communities to advocate for all children.

# 2021-2022 Westridge PTA Meeting Schedule

PTA Meetings are held the second Tuesday of each month at 6:30 PM. In person meetings are held in the library.

- February 8, 2022
- March 8, 2022
- April 12, 2022
- May 10, 2022

# PTA Dates to Know:

Thursday, January 27th:
Westridge Restaurant Night@
Teriyaki Madness!
Friday, February 4th:
Westridge Spirit Day
Tuesday, February 8th: PTA

Meeting



Westridge Spirit Day!

Get in the Wildcat spirit and wear your Westridge gray and burgundy on Friday, February 4th!

# Upcoming PTA Meeting!

Consider the next PTA meeting! Tuesday
February 8th!

# Westridge Restaurant Night at TERIYAKI MADNESS!!!



Join us on Thursday January 27th, 4pm-9pm!

# ALES

#### Westridge PTA Value Statement

The mission of Westridge PTA is to connect and appreciate the parents, teachers and students of Westridge by supporting their growth and potential through engaging activities, empowering them to use their passion and talent to better our school and community. We give support to engaging activities, which build positive relationships, ignite innovation, and support all types of learning.

# Teriyaki Madness Restaurant Night Thursday, January 27<sup>th</sup> 4 pm–9 pm 5866 S Wadsworth Blvd Littleton, CO 80123



# YEARBOOK COVER CONTEST DEADLINE EXTENDED ONE WEEK TO NEXT FRIDAY, JANUARY 28TH

Please be sure all entries meet the guidelines below:

# Yearbook Cover Contest

# **Hey Wildcats!**

It's time for our annual yearbook cover contest!

Below are the guidelines for submitting your artwork.

Contest **begins** Friday, December 17th and **ends** on Friday, January 21st at 3pm.

# Your design must include:

- The school name (Westridge Elementary)
- The school year (2021-2022)
- Artwork must be completed on 8 1/2" x 11" white paper
- Paper orientation must be **portrait** (paper goes up and down)
- Use bright and bold colors (no glitter or sparkles)
- Keep important parts of your design away from the edges of the paper so they don't get cut off if published
- Write your first and last name, grade, and teacher's name in <u>Pencil</u> on the <u>BACK</u> of your cover design
- Be creative and HAVE FUN!

Submit your finished artwork to the front office!

# WESTRIDGE Spirit Day!

February is considered the month of love...so let's show the Westridge LOVE♡ and unite in school spirit!

Wear your gray and burgundy on Friday February 4th, because...





Come to the next meeting, hear the latest, and meet new people!

Tuesday, February 8th at 6:30pm via Zoom

**ZOOM** link coming soon...